

SHAMANIC JOURNEY & FENG SHUI

Course name	Date/Time	Cost
8 Part Shamanic Journey Course Inst: Sarah Salter Kelly Ages 16 + Shamanic Journey awakens our inner wisdom, guiding us to heal our body, mind and spirit. It takes us on an adventure inwards, exploring the mystical, mythical and mysterious realm of spirit learning to our intuition to listen deeply to what is essential for our soul to grow. As we strengthen our capacity to journey it becomes an integral skill for manifesting power in our lives in balance with all our relations	Mon's Ap 29 - June 24 (no class May 20) 6:00 - 8:00	Early bird. \$257.25 (incl gst) until Ap 15 After Ap 15 pay \$309.75 incl gst. Deadline to register is Ap 22
Introduction to Feng Shui Adult Inst: Lisa Borin Miller This intro class will cover basic principles of Feng Shui and will prepare students to implement them to create better flow and harmony within their environments.	Sat Mar 30 1:30 - 4:30	\$55

PHOTOGRAPHY

Ages 14+ Inst: Camera Club Photographic Composition Go beyond snapshots to 'making pictures' Improving your Landscape Shots Receive hints & tips for capturing scenery & nature photos & learn how to use HDR (High Dynamic Range) Taking Better People Pictures Learn to take both individual & group pictures to the next level. Beg - Int level.	Sat, Mar 23 1:00 - 4:00 Sat, Ap 13 1:00 - 4:00 Sat, Ap 27 1:00 - 4:00	\$30 \$30 bring manual and equipment \$30 bring manual and equipment
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FITNESS

Course name	Date/Time	Cost
Function Fitness I, II, III, IV, V, VI Inst: Janet Greer Come and enjoy some function fitness and exercise for adults of all ages including older adults. Work on body alignment, core strength, movement education, strength and endurance for overall body aerobic endurance, coordination of movement, balance training and more! Classes are co-ed. Some equipment needed (ie: exercise ball, yoga mat and thera bands)	Mon, Wed & Fri I. Jan 7 - 28 II. Jan 30 - Feb 22 (no class Feb 18) III Feb 25 - Mar 18 IV. Mar 20 - Ap 10 V. Ap 12 - May 6 (no class Ap 19) VI. May 8 - 31 (no class May 20) Level II: 10:30 - 11:30 Beginner: 12:00 - 1:00 or 1:30—2:30 ***** Tues & Thurs I. Jan 8 - Feb 7 II. Feb 12 - Mar 14 III. Mar 19 - Ap 18 IV. Ap 23 - May 23 Beginner: 9:00 - 10:00, 10:30—11:30, 12:00—1:00 or 1:30—2:30	I. \$62.50 II. \$62.50 III. \$62.50 IV. \$62.50 V. \$62.50 VI. \$62.50 I. \$62.50 II. \$62.50 III. \$62.50 IV. \$62.50 Drop in rates may be available or purchase a punch card (inquire about details)

CAMROSE ARTS AND RECREATION PROGRAM

WINTER/SPRING, 2019

AGES 6—ADULT



CAMROSE ARTS SOCIETY

Arts Director
Jane Cherry-Lemire

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Most classes are held at the Chuck MacLean Arts Centre (4809-52 St). You may register for courses by calling Jane at **672-9949**. N/B: Classes are subject to cancellation if registrations are insufficient. Gift certificates are available. Samples of some projects may be on display at the Arts Centre. Payment arrangements and subsidies may be possible for all classes, please inquire when you call. More detail for each class is available at the Arts Centre or by calling the number above. If you or someone you know is interested in teaching a class please let us know. We can now accept pay pal on our website as well as cash and cheques at the Arts Centre.

CLASSES FOR CHILDREN—ADULTS		
Course name	Date/Time	Cost
<u>Chain Scarf</u> Ages 10+ Inst: Kayla Dahl Learn the basic crochet stitch to create a lovely fashion scarf.	<i>Sat</i> Feb 2 9:00 - 12:30	\$34 incl supplies
<u>Parent & Child Paint Night</u> Ages 7+ Inst: Mindy Marshall Designed for quality time between a child and a parent. The pair will come together to create a painting together.	<i>Mon's</i> Feb 4 and/or Feb 11 (different projects) 7:00 - 8:00	\$33 for 1 canvas to work on together \$38 for 2 canvases that will come together to make one painting
<u>Optical Illusion Art</u> Ages 7+ Inst: Mindy Marshall Create a different piece in each class, both colour and black and white. Sign up for one or more.	<i>Tues'</i> 1. Feb 5 (hands) 2. Feb 19 (good vibrations) 3. Feb 26 (what do you see?) 6:30 - 8:00	\$27 for each class. incl supplies
<u>Crocheted Snappy Slippers</u> Ages 13+ Inst: Kayla Dahl Prior crochet experience is needed to make these unisex slippers.	<i>Thurs'</i> Feb 7 - Mar 7 (no class Feb 14) 6:30 - 8:30	\$40 incl supplies
<u>Cartoon & Comic Book Art</u> Ages 9+ Inst: Jay Thompson This 6 week course will cover anatomy, figure drawing, comic book structure, storyboards, inking, shading and collaboration.	<i>Sun's</i> Feb 24 - Mar 31 1:30 - 3:30	\$125 incl supplies
<u>Kids Greeting Cards</u> Ages 9-15 Inst: Myrna Schofield Kids will enjoy creating 5 different greeting cards from the supplies provided.	<i>Mon</i> Feb 25 6:30 - 8:30	\$28 incl supplies

Course name	Date/Time	Cost
<u>Knitted Dishcloths</u> Ages 10+ Inst: Kayla Dahl Learn how to create 2 diagonal knit dishcloths.	<i>Mon's</i> Mar 4 - Ap 1 (no class Mar 18) 6:30 - 8:00	\$40 incl supplies
<u>Tropical Parrot</u> Ages 6 - 12 Inst: Renate Burns Have fun creating this stunning painting using acrylics and two canvases.	<i>Thurs</i> Mar 14 6:30 - 8:00	\$20 incl supplies
<u>Flower in the Dark</u> Ages 9-14 Inst: Carlene Yaremko Learn how to work with acrylics to create this beautiful flower.	<i>Thurs</i> Mar 28 6:30 - 9:00	\$25 incl supplies
<u>Crocheted Dishcloth</u> Ages 10+ Inst: Kayla Dahl Learn how to create your own dishcloths. No experience needed.	<i>Thurs</i> Apr 4 - 25 6:30 - 8:00	\$40 incl supplies
<u>Wire Art for Youth</u> Ages 10 - 17 Inst: Laura Ouimet Create a beautiful wire 'Tree of Life' for yourself or for a Mothers Day gift!	<i>Sun</i> May 5 9:30 - 12:00	\$43 incl supplies
<u>Drawing workshop for Children</u> Ages 8-11 Inst: Susan Casault This class is for kids who love to draw and would like some guidance to improve their drawings. Learn how to make your drawings more realistic.	<i>Sat</i> Ap 13 10:00 - 12:00	\$45 incl supplies
<u>Drawing workshop for Youth</u> Ages 12 - 15 Inst: Susan Casault This class is for youth who love to draw and would like some guidance to improve their drawings. Learn how to make your drawings more realistic.	<i>Sat</i> Ap 13 1:00 - 3:00	\$45 incl supplies
<u>Unicorn</u> Inst: Renate Burns Ages 6 - 12 Children will choose their own colours to paint a magical unicorn	<i>Thurs</i> May 2 6:30 - 8:00	\$20 incl supplies

PAINTING CLASSES FOR TEENS/ADULTS		
Course name	Date/Time	Cost
<u>Country Barn in Acrylic</u> Ages 14 + Inst: Tara K Enjoy a fun evening painting this classic country icon. No experience needed.	<i>Tues</i> Feb 12 6:00 - 9:30	\$45 incl supplies
<u>Re-Creating the Masters</u> Ages 16+ Inst: Mindy Marshall Sign up for 1 or more. Learn techniques to re-create three artworks. No experience needed.	<i>Sat's</i> Feb 16 - Picasso Feb 23 - Emily Carr Mar 9 - Claude Monet 9:30 - 11:30	\$45 each class incl supplies
<u>Owl Buddies</u> Ages 14+ Inst: Tara K Two owls in a tree? Yes please! Learn some finer painting techniques to bring these two buddies to life! No experience needed.	<i>Sun</i> Feb 24 11:00 - 5:00	\$70 incl supplies Bring lunch
<u>Paint n Sip - Martini Glass</u> Adult Inst: Tara K Use acrylic paints to create this cool and classy martini. No experience needed.	<i>Fri</i> Mar 1 6:30 - 9:30	\$45 incl Supplies Cash bar
<u>Pointillism</u> Ages 10+ Inst: Linda Finstad Students will have fun using heavy bodied acrylic paints and trade paint brushes for Q-tips to create some amazing art!	<i>Sat</i> Ap 27 9:30 - 12:30	\$45 incl supplies
<u>Swan Serenity</u> Ages 14+ Inst: Tara K Use thick acrylic paint to create the feather texture in this serene scene.	<i>Sun</i> Mar 10 12:00 - 4:00	\$45 incl supplies
<u>Bamboo Tranquility</u> Ages 14+ Inst: Tara K Find your inner tranquility while painting this beautiful grove of Bamboo	<i>Tues</i> Mar 12 6:00 - 9:00	\$45 incl supplies

<i>PAINTING FOR TEENS AND ADULTS</i>		
Course name	Date/Time	Cost
<u>Paint n Sip - Bronzed Birch</u> Ages 14+ Inst: Tara K Use metallic paints to enhance your painting of beautiful birch trees	<i>Fri</i> Mar 15 6:30 - 9:30	\$45 incl supplies Cash bar
<u>Hummingbird Dance</u> Ages 14+ Inst: Tara K Along with brushes, use thick paint and palette knives to create beautiful flowers surrounding two hummingbirds in flight	<i>Sun</i> Mar 17 12:00 - 4:00	\$45 incl supplies
<u>Dazzle Your Daisies</u> Ages 14+ Inst: Tara K Delicate daisies dance across your canvas...then dazzle them up with glitter (if you like).	<i>Tues</i> Mar 19 6:00 - 9:00	\$45 incl supplies Cash bar
<u>Watercolour Birch Trees</u> Ages 14+ Inst: Willie Wong Paint alongside Willie to create these beautiful trees. All levels welcome.	<i>Sat</i> Mar 30 10:00 - 4:00	\$60 bring own supplies or purchase from Willie for \$10
<u>Spring Garden</u> Ages 14+ Inst: Tara K Welcome to Spring with this colourful garden using acrylics.	<i>Tues</i> Ap 2 6:00 - 9:00	\$45 incl supplies
<u>Chrysanthemum</u> Ages 14+ Inst: Tara K Paint beautiful layered petal on a black canvas and watch your flower pop wit a burst of colour!	<i>Fri</i> Ap 5 6:30 - 9:30	\$45 incl supplies
<u>Seascape</u> Adult Inst: Gene Prokop Create a stunning seascape in oils with Gene's guidance.	<i>Sat, Ap 6</i> 2:30 - 6:30 & <i>Sun, Ap 7</i> 10:00 - 4:00	\$150. Bring a own supplies

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<u>Prairie Warbler</u> Ages 14+ Inst: Tara K Bring this beautiful bird to life on your canvas in this two acrylic day acrylic workshop.	<i>Sun</i> April 7 11:00 - 5:00	\$70 incl Supplies No experience needed
<u>Deep in the Woods</u> Ages 14+ Inst: Tara K Enchanting greens in this painting will transport you to a peaceful wood forest.	<i>Tues</i> Ap 9 6:00 - 9:00	\$45 incl supplies
<u>Paint n Sip - A Flower Story</u> Ages 14+ Inst: Tara K Create a modern floral painting choosing your own colours and then create a story by adding your favourite quote.	<i>Fri</i> Ap 12 6:30 - 9:30	\$45 incl supplies
<u>Dancing Koi</u> Ages 14+ Inst: Tara K Have fun with acrylic paints to create this whimsical dancing koi!	<i>Tues</i> Ap 16 6:00 - 9:00	\$45 incl supplies
<u>Paint n Sip - Arizona Sunset</u> Ages 14+ Inst: Tara K Escape to the beautiful desert of Arizona to paint your own little vacation spot.	<i>Fri</i> Ap 26 6:30 - 9:30	\$45 incl supplies
<u>Hollyhocks</u> Ages 14+ Inst: Tara K Choose your own colours to bring these classic heritage flowers to life on canvas.	<i>Tues</i> Ap 30 6:00 - 9:00	\$45 incl supplies
<u>Red Wine Painting</u> Adult Inst: Mindy Marshall Participants will experience alternate pigments using watercolour techniques with red wine to create a beautiful tree.	<i>Sat</i> May 4 10:00 - 2:00	\$28 incl supplies

Course name	Date/Time	Cost
<u>Vintage Lock</u> Ages 14+ Inst: Tara K Go back in time and create this vintage looking old world lock. You can also join us next week to create the matching 'key' for a matched set of paintings.	<i>Tues</i> May 7 6:00 - 9:00	\$45 incl supplies
<u>Paint n Sip—New York Impressionism</u> Ages 14+ Inst: Tara K Use palette knives and thick paint to create this impressionistic New York skyline.	<i>Fri</i> May 10 6:30 - 9:30	\$45 incl supplies
<u>Old Barn in Watercolour</u> Ages 14+ Inst: Willie Wong Paint alongside Willie to create this rustic red barn. All levels.	<i>Sat</i> May 11 10:00 - 4:00	\$60 bring own supplies or pay \$10
<u>Vintage Key</u> Ages 14+ Inst: Tara K Create this vintage key in acrylic paints as a single masterpiece or as the matching painting from last weeks 'Lock' workshop.	<i>Tues</i> May 14 6:00 - 9:00	\$45 incl supplies
<u>How to Paint Sustained Plein Air (and improve your studio work).</u> Ages 15+ Inst: Michelle Murray Option A: Beginner - teacher demo & instructed painting (8 hrs over 2 days.) Option B: Intermediate or more intensive - take option A then break for dinner and do scene 2 (14 hrs over 2 days)	<i>Sat</i> May 25 & <i>Sun</i> May 26 A. 1:00 - 5:00 B. 1:00 - 9:00 C. Alternate dates are June 1 and 2 if weather is inclement	Option A: \$100 Option B: \$175 Bring own supplies or buy for \$10 + bring own brushes/canmvas. Inst will have canvases for sale

TAKING AN ART CLASS IS LIKE GIVING YOURSELF A GIFT!

www.camroseartsociety.ca

PAINTING CLASSES FOR TEENS & ADULTS

Course name	Date/time	Cost
<u>Street Scene with People in Watercolour</u> Ages 14+ Inst: Willie Wong This street scene will focus on perspective with a simple depiction of people.	<i>Sat</i> May 25 10:00 - 4:00	\$60 bring own supplies or purchase for \$10
<u>Guitar Glam</u> Ages 14+ Inst: Tara K You don't have to be a musician to create this beautiful piece. Use acrylic paints to add your own flare to this glammed up guitar on canvas.	<i>Tues</i> June 4 6:00 - 9:00	\$45 incl supplies
<u>Abstract Watercolour</u> Ages 14+ Inst: Willie Wong Paint alongside Willie and discover the world of abstract painting.	<i>Sat</i> June 15 10:00 - 4:00	\$60 bring own supplies or purchase for \$10

MIXED MEDIA , PASTELS, WIRE ART, CRAFTS, WRITING & FAITHBOOKING

<u>Fabric Art Collage</u> Ages 16+ Inst: Mary Wilton Use fabric, paper and other surface design techniques to create a fibre art collage. No sewing is required for this beginner class	<i>Sat</i> May 11 9:30 - 4:30	\$48 + \$10 supplies Bring a lunch
<u>Envelope Junk Journal</u> Ages 12+ Inst: Donelda Adams Use recyclable items to create 'envelope junk journals'.	<i>Tues</i> Mar 26 6:00 - 9:00	\$25 bring material from home. Envelopes provided

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Course name	Date/Time	Cost
<u>Maligne River in Pastels</u> Ages 14+ Inst: David Shkolny David will share his pastel expertise to create this beautiful scene.	<i>Sun</i> Ap 14 11:00 - 3:00	\$60 + \$35 supplies or bring your own. Take some pastels home
<u>Chicken House in Pastels</u> Ages 14+ Inst: David Shkolny Experience the world of pastels and create this classic farm scene.	<i>Sun</i> Ap 28 11:00 - 3:30	\$60 + \$35 supplies or bring your own. Take some home
<u>Upcycled Spindle Decorative Birdhouse</u> Adult Inst: Myrna Schofield Join Myrna in painting, sanding, distressing and assembling these 3 cute little decorative birdhouse themed spindles—great for mantels, steps, porch corners & more	<i>Sat</i> Feb 9 9:00 - 12:00	\$53 incl supplies
<u>How to Write a Book in 40 Days</u> Inst: Linda Finstad Join author Linda for excellent tips such as creating an overview, structuring chapters, curing writers block, crafting a compelling title, pros & cons of self publishing, how to obtain a ISBN number & marketing tips!	<i>Sat</i> Feb 23 12:30 - 4:30	\$55
<u>Plant/Garden Spikes</u> Adult Inst: Myrna Schofield Join Myrna in painting, sanding, distressing and assembling the 5 plant/garden spikes of your choice.	<i>Sat</i> Mar 9 10:00 - 12:00	\$28 incl supplies
<u>Tree of Life Wire Art</u> Inst: Laura Ouimet Ages 16+ Create a 7" Tree of Life art piece that you can treasure!	<i>Sat</i> Ap 6 9:00 - 12:00	\$68 incl supplies

MIXED MEDIA , PASTELS, WIRE ART, CRAFTS, WRITING & FAITHBOOKING

Course name	Date/Time	Cost
<u>Dragonfly Wire Suncatcher</u> Ages 16+ Inst: Laura Ouimet Create this beautiful 5" suncatcher to proudly display!	<i>Sat</i> Ap 6 1:00 - 4:00	\$68 incl supplies
<u>Love Wreath</u> Adult Inst: Laura Ouimet Come and make this shabby chic wreath for yourself or a Mothers Day gift.	<i>Sun</i> May 5 1:00 - 3:30	\$43 incl supplies
<u>Distressed Flag</u> Adult Inst: Myrna Schofield Join Myrna in painting, sanding, distressing and assembling an interpretation of the Canadian flag.	<i>Mon</i> Ap 8 6:30 - 8:30	\$43 incl supplies
<u>Faithbooking—Scrapbooking</u> Ages 15+ Inst: Kim Undin Enjoy this introduction to Faithbooking. Class will include a presentation and hands on work on a scrapbook project	<i>Fri's</i> May 10 6:00 - 7:30 & May 24 & 31 6:00 - 9:00	\$45 incl supplies. Additional supplies can be ordered

SHAMANIC JOURNEY & FENG SHUI

<u>Introduction to Shamanic Journey</u> Ages 16+ Inst: Sarah Salter Kelly This intro class is open to anyone who is curious about Shamanism, that want to develop their own skills, tools and abilities to heal themselves.	<i>Mon</i> Mar 18 7:00 - 9:00	Early bird \$43 before Mar 4 & \$53 after Mar 4
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