HIP HOP		
Course name	Date/Time	Cost
Intro to Firehouse Hip Hop/ Street Dance Ages 12+ Inst: Duncan McDougall Students will be introduced to the world of hip hop dancing. Workshop will be informational and hands on.	Fri Sept 27 6:30 - 8:30	\$15
8 week Firehouse Hip Hop/ Street Dance course Ages 12+ Inst: Duncan McDougall The aim of this course is to offer students an in depth experience into hip hop /street dance! Students will gain confidence in a rarely offered genre of dance in the Camrose area.	Fri's Oct 11- Nov 29 6:30 - 8:30	\$100



FITNESS Cost Date/Time Course name Function Fitness I, II, III, IV, Mon, Wed & Fri Inst: Janet Greer **I.** Sept 9 -I. \$62.50 Come and enjoy some function fitness and exercise for adults of Oct 2 II. \$62.50 all ages including older adults. (no class Sept 27) III. \$62.50 Work on body alignment, core II. Oct 4 - 28 IV. \$62.50 (no class Oct 14 strength, movement education, III. Oct 30 strength and endurance for overall body aerobic endurance, Nov 20 coordination of movement. **IV.** Nov 22 - Dec balance training and more! Classes are co-ed. Level II: 10:30 - 11:30 **Beginner:** 12:00 - 1:00 Some equipment needed ****** (ie: exercise ball, yoga mat and Tues & Thurs thera bands) I. Sept 10 -I. \$62.50 Oct 10 II. \$62.50 * Not sure if this class is for you? II. Oct 15 -No problem, come and try one III. \$50.00 Nov 14 class for free. If it is not for you III. Nov 19 then no charge. If you do wish to sign up after the trial class the Dec 12 Drop in rates advertised rates will apply may be Available (if we **Beginner:** have enough 9:00 - 10:00, full time people 10:30 - 11:30 to run the class) 12:00 - 1:00

CAMROSE ARTS AND RECREATION PROGRAM FALL 2019

AGES 7 - ADULT

Arts Director Jane Cherry-Lemire

Chuck MacLean Arts Centre 4809 - 52 Street Camrose, AB T4V 1T9

Phone: 780-672-9949 Fax: 780-608-8740 Email: jcherry@camrose.ca www.camroseartssociety.ca

Most classes are held at the Chuck MacLean Arts Centre (4809-52 St). You may register for courses by calling Jane at **672-9949**. N/B: Classes are subject to cancellation if registrations are insufficient. Gift certificates are available. Samples of some projects may be on display at the Arts Centre. Payment arrangements and subsidies may be possible for all classes, please inquire when you call. More detail for each class is available at the Arts Centre or by calling the number above. If you or someone you know is interested in teaching a class please let us know. We can now accept pay pal on our website as well as cash and cheques at the Arts Centre.

CLASSES FOR CHILDREN & ADULTS		
Course name	Date/Time	Cost
Adult & Child - Happy Bird Ages 7 & up with an adult Inst: Mindy Marshall Create this cute little bird in acrylic on canvas board. Each will do their own painting	Thurs Sept 26 6:00 - 8:00	\$40 per couple \$45 adult/ 2 children \$50 2 adults/ 2 children Incl supplies
Adult & Child - Playful Kittens Ages 7 & up with an adult Inst: Mindy Marshall Create these adorable little kittens in acrylic on canvas board. Each will do their own painting	Thurs Oct 24 6:00 - 8:00	\$40 per couple \$45 adult/ 2 children \$50 2 adults/ 2 children Incl supplies
Adult & Child - Halloween Skeleton Ages 7 & up with an adult Inst: Minday Marshall Create this fun spooky skeleton in acrylic on canvas board. Each person will do their own painting	Sat Oct 19 1:30 - 4:30	\$40 per couple \$45 adult/ 2 children \$50 2 adults/ 2 children Incl supplies
Adult & Child - Mermaid Fun Ages 7 & up with an adult Inst: Mindy Marshall Create this magical underwater scene in acrylic on canvas board. Each person will do their own painting	Sat Nov 9 1:30 - 4:30	\$40 per couple \$45 adult/ 2 children \$50 2 adults/ 2 children Incl supplies
Adult & Child - Giant Pumpkin Ages 7 & up with an adult Inst: Mindy Marshall Create this great fall scene in acrylic on canvas board. Each will do their own painting	Tues Nov 26 6:00 - 8:30	\$40 per couple \$45 adult/ 2 children \$50 2 adults/ 2 children Incl supplies
Adult & Child - Winter Fun Ages 7 & up with an adult Inst: Mindy Marshall Create this fun winter scene in acrylic on canvas board. Each person will do their own painting	Sat Nov 30 1:30 - 4:30	\$40 per couple \$45 adult/ 2 children \$50 2 adults/ 2 children Incl supplies

Course name	Date/Time	Cost
Adult & Child - Nutcracker Ages 7 & up with an adult Inst: Mindy Marshall Create this Christmas Nutcracker in acrylic on canvas board. Each person will do their own painting	Tues Dec 4 6:00 - 8:30	\$40 per couple \$45 adult/ 2 children \$50 2 adults/ 2 children Incl supplies
PAINTING CLASSES FOR TEENS/ADULTS		

PAINTING CLASSE	S FOR TEENS/A	DULTS
Guitar Glam Ages 14+ Inst: Tara K www.tarakstudios.com You don't have to be a musician to create this beautiful piece. Use acrylic paints to add your own flare to this glammed up guitar on canvas. No painting exp needed	Tues Sept 19 6:00 - 9:00	\$30 incl supplies * Special Early Season Price
Sunset Over the Marsh Ages 14+ Inst: Tara K Relax on your Sunday afternoon painting this serene scene with marsh grasses and trees reflecting in the water. No painting experience needed	Sun Sept 22 Noon - 4:00	\$45 incl supplies
Morning on the Lake Ages 14+ Inst: Tara K Create the feeling of waking up to a beautiful view of the morning sunshine over a lake Refreshing! No painting experience needed	Tues Sept 24 6:00 - 9:00	\$45 incl supplies
Paint n' Sip - Arizona Sunset Inst: Tara K Escape to the beautiful desert of Arizona to paint your own little vacation spot! No painting experience needed. Cash bar	Fri Oct 4 6:30 - 9:30	\$45 incl supplies
Old World Pumpkin Ages 14+ Inst: Tara K Evoke the feeling of Old World with this rustic but beautiful painting of a grand pumpkin just in time for Thanksgiving	Thurs Oct 8 6:00 - 9:00	\$45 incl supplies

PAINTING CLASSES FOR TEENS/ADULTS			
Course name	Date/Time	Cost	
Vintage Lock Ages 14+ Tara K Go back in time and create this vintage looking old world lock. You can also join us on Thursday to create the matching 'Key' for a matched set. No painting experience needed	Tues Oct 15 6:00 - 9:00	\$45 or \$75 for both classes Incl supplies	
Vintage Key Ages 14+ Inst: Tara K Create this vintage key in acrylic paints as a single masterpiece or as the matching painting from last weeks 'Lock' workshop. No painting experience needed	Thurs Oct 17 6:00 - 9:00	\$45 incl supplies	
Paint n' Sip - Autumn's Gift Inst: Tara K Ohh what fun creating this bright and whimsical pumpkin with swirling vines and leaves. No experience needed. Cash bar	Fri Oct 18 6:30 - 9:30	\$45 incl supplies	
Perched n' Pretty Ages 14+ Inst: Tara K Bring this plump and pretty bird to life on your canvas as it perches on a branch. No painting experience	Sun Oct 20 11:00 - 5:00	\$65 incl supplies Please bring a lunch	
Peacock Sparkle Ages 12 + Inst: Tara K Fill your canvas with the beauty of a peacock and then add sparkle with enchanting glitter (optional) No painting experience needed	Tues Oct 22 6:00 - 9:00	\$45 incl supplies	
Paint n' Sip - Martini Glass Inst: Tara K Use acrylic paints to create this classy and fun Martini glass. No painting experience needed	Fri Nov 1 6:30 - 9:30	\$45 incl supplies	

PAINTING /DRAWING FOR TEENS & ADULTS		
Course name	Date/Time	Cost
Paint n' Sip - Chrysanthemum Inst: Tara K Paint beautiful layered petals on a black canvas and watch your flower pop with a burst of colour! No painting needed. Cash bar	Sat Nov 2 6:30 - 9:30	\$45 incl supplies
Majestic Loon Ages 14+ Inst: Tara K Capture the beauty of this regal bird and learn some 'realism' painting techniques. No painting experience needed	Sun Nov 3 11:00 - 5:00	\$65 incl supplies Please bring a lunch
Blossoms & Bronze Ages 14+ Inst: Tara K Enjoy using a multitude of brushes and a palette knife with thick paint and metallic bronze to capture the beauty and glow of nature. No painting experience is needed	Tues Nov 5 6:00 - 9:00	\$45 incl supplies
Paint n' Sip - Raise the Sails Inst: Tara K Get swept away on this beautiful sailboat and create your own sailing adventure using acrylic paints. No painting experience needed. Cash bar	Fri Nov 15 6:30 - 9:30	\$45 incl supplies
Paint n' Sip - Lose Track of Time Inst: Tara K Wander off into the unknown along railway tracks in this slightly eerie scene. No painting experience needed	Sat Nov 16 6:30 - 9:30	\$45 incl supplies

Course Name	Date/Time	Cost
Vintage Bookshelf Ages 12+ Inst: Tara K Slip back in time and create the feel of an old library by painting a shelf of vintage books on a specialty –sized long narrow canvas. No painting experience is needed	Sun Nov 17 Noon - 4:00	\$55 incl supplies
Birch Forest Reflections Ages 14+ Inst: Tara K Enchanting snowy birch trees take centre stage is this stunning painting. No painting experience needed	Tues Nov 19 6:00 - 9:30	\$45 incl supplies
Paint n' Sip - A Flower Story Inst: Tara K Create a modern floral painting choosing your own colours and then create a story by adding your favourite quote. Cash bar	Fri Nov 22 6:30 - 9:30	\$45 incl supplies
Paint n' Sip - Winter's Magic Inst: Tara K Transform your canvas into a winter scene so enchanting you will think you're dreaming! Cash bar	Fri Nov 29 6:30 - 9:30	\$45 incl supplies
Fleur de Lis Ages 12+ Inst: Tara K Work on TWO canvases at once to create this stunning 'set' of opposite coloured paintings of the classic Fleur de Lis	Sun Dec 1 Noon - 4:00	\$55 incl supplies
Paint n' Sip - Meditation Tree Inst: Tara K Relax and turn a blank canvas into your own personal meditation tree. Cash bar	Fri Dec 13 6:30 - 9:30	\$45 incl supplies

Course name	Date/Time	Cost
High Realism Painting in Oils Adult Inst: Bev Bunker www.bevbunker.com Join this accomplished artist to explore various techniques such as pressure scales & gradations to put it all together in a colour composition. For intermediate to advanced students	Fri Oct 4 (6 - 9) & Sat Oct 5 (10 - 4) & Sun Oct 6 (10 - 4) 1hr lunch	\$155 Bring own supplies
Sing Along Teen/adult Inst: Terry Knull Join Terry to paint this Red- winged Blackbird in acrylic on a 16 x 20 canvas No painting experience needed	Sat Oct 5 9:00 - 3:30	\$65 incl supplies
Street Scene with People in Watercolour Ages 14+ Inst: Willie Wong www.kamenagallery.net This street scene will focus on perspective with a simple depiction of people.	Sat Oct 12 10:00 - 4:00	\$60 bring own supplies or purchase for \$10
Fluid Art - Silhouette Adult Inst: Crafty Jenn www.craftyjennart.ca Learn how to mix paint colours with all additives, getting consistency right, adhering vinyl silhouette to canvas, painting and swiping	Sat's Oct 19 & 26 1:00 - 3:00	\$65 incl supplies
Intense Drawing Course Adult Inst: Gene Prokop www.geneprokop.com This class will cover gesture drawing, perspective, shading and more!	Sat Oct 19 2:30 - 6:30 & Sun Oct 20 9:30 - 3:30	\$150 bring own supplies

PAINTING CLASSES FOR TEENS & ADULTS

Course name	Date/time	Cost
Beautiful Coloured Homes Ages 14+ Inst: Willie Wong Use black gesso and acrylic paints to learn how to draw and understand perspective	Sat Nov 23 10:00 - 4:00	\$60 + \$25 for supplies or bring your own
Fluid Art - Ocean Wave Adult Inst: CraftyJenn Learn how to mix your paints and additives for the right pouring consistency then use a palette knife to swipe your paint in the motion of an ocean wave	Sat Nov 23 10:00 - Noon	\$55 incl supplies
Watercolour Floral Ages 14+ Inst: Willie Wong Www.kamenagallery.net Learn some simple techniques to draw, trace and paint through one on one help and demonstrations.	Sat Nov 2 10:00 - 4:00	\$60 + \$10 for supplies or bring your own
Coffee Painting Teen/adult Inst: Mindy Marshall Use brewed coffee and watercolour pencil to create layers and texture to make a really interesting painting	Sat Nov 23 9:00 - Noon	\$55 incl supplies
Blueberry/Cherry Painting Teen/adult Inst: Mindy Marshall Use these natural stains and watercolour pencil to create a tree in the fall and a fun fairy	Sat Nov 23 1:30 - 4:30	\$55 incl supplies
Mountains & Waterfall Landscape in Acrylics Ages 14+ Inst: Willie Wong Learn the technique of using black gesso & glaze in this beautiful painting	Sat Nov 30 10:00 - 4:00	\$65 + 25 for supplies or bring your own

PAINTING CLASSES FOR TEENS & ADULTS

Course name	Date/Time	Cost
Lighthouse at Sunset Teen/adult Inst: Mindy Marshall Use acrylics to create gorgeous lighthouse scene	Sat Dec 7 1:30 - 4:30	\$55 incl supplies
Abstract Forest Teen/adult Inst: Mindy Marshall Have fun creating this colourful forest in acrylics	Tues Dec 10 6:00 - 8:30	\$55 incl supplies

PASTELS, WIRE ART & WRITING

Pastel Trees & Reflections in Water Ages 16 + Inst: David Shkolny www.davidshkolny.com Join this accomplished artist to learn how to apply soft pastel to achieve light and shadow and textured surfaces	Sat Oct 12 11:00 - 5:00 1hr lunch	\$60 + \$40 for supplies or bring your own. Take some pastels home.
Tree of Life Wire Art Ages 16+ Inst: Laura Ouimet Create a 7" Tree of Life art piece that you can treasure!	Sat Oct 19 9:00 - Noon	\$68 incl supplies
Dragonfly Suncatcher Wire Art Ages 16+ Inst: Laura Ouimet Create this beautiful 5" suncatcher to proudly display!	Sat Oct 19 12:30 - 3:30	\$68 incl supplies
How to Write a Book in 40 Days Ages 14+ Inst: Linda Finstad Join author Linda for excellent tips such as creating an overview, structuring chapters, curing writers block, crafting a compelling title, pros & cons of self publishing, how to obtain a IBSN number & marketing tips!	Sat Oct 26 12:30 - 4:30	\$55

BATH BOMBS		
Course name	Date/Time	Cost
Bath Bomb Making Ages 8+	Tues	\$25 incl supplies
Inst: Trisha Muirhead	Oct 29	supplies
Join Trisha and learn how to make	Or	
your own bath bombs. Each student will make 6-7 bombs	Nov 12	
	7:00 - 8:00	

SPIRITUAL ART/SHAMANIC JOURNEY & FENG SHUI

Intro to Spiritual Art & Shamanic Journey Adult Inst: Nikki Featherstone - Art Therapist www.outhaven.ca Enjoy this introduction to your own personal spiritual realm and delve into the mysteries of mythic imagination. No art or journey experience required	Thurs Oct 10 6:00 - 8:30	\$20 Special intro price
5 Week Spiritual Art & Shamanic Journey series Adult Instr: Nikki Featherstone - Art Therapist Enter further into the world of Shamanic Journey, expressive art making and immersion into Self. No art of journey experience is required; only a willingness to be open to the experience with won- der and curiosity!	Thurs' Nov 7 - Dec 5 6:00 - 8:30	Register by Oct 31 and pay \$257.25 After Oct 31 pay \$309.75 Incl gst All art Supplies Included
Introduction to Feng Shui Adult Inst: Lisa Borin Miller This intro class will cover basic principles of Feng Shui and will prepare students to implement them to create better flow and	Sat Nov 16 2:00 - 5:00	\$55

harmony within their environments